

Elimination Record

Name: _____ Start Date: _____

Time	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7	
	Pants	Toilet	Pants	Toilet	Pants	Toilet	Pants	Toilet	Pants	Toilet	Pants	Toilet	Pants	Toilet
7:00														
7:30														
8:00														
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Key

U = Urinated in toilet B = Bowel Movement in Toilet UX = Urination Accident BX = Bowel Movement Accident
 Ø = Dry pants, nothing in toilet